

Stages of Life-cycle

Stage	Positive Resolution	Negative Resolution	Age (est.)
1	Basic Trust (safety)	Basic Mistrust (danger)	0-18 mo.
2	Autonomy (assert)	Shame and Doubt (worthless)	18 mo-3 yrs
3	Initiative (explore)	Guilt (severe introject)	3-7 yrs
4	Industry (builder)	Inferiority (painful hider)	7-12 yrs
5	Identity (adjusted believer)	Ident. Confusion (pieces don't fit)	12 yrs to Late Adolescent, Young Adult
6	Intimacy (bonding)	Isolation (withering connections)	Young Adult
7	Generativity (living system)	Stagnation (desperate self-maintenance)/ Self-Absorption	Adulthood
8	Integrity (soundness at center)	Despair (bitter regrets)	50+ to Late Adulthood