

SCRIPTURE MEDITATION

Turn your attention to God,

“I consent to your Presence and action within,”

while noticing the Holy Spirit as He meets within you at ever deepening levels, blessing the gifts (fruit) He places and strengthens within you.

“[T]he fruit of the [Holy] Spirit [the work which His presence within accomplishes] is love, joy (gladness), peace, patience (an even temper, forbearance), kindness, goodness (benevolence), faithfulness, gentleness (meekness, humility) self-control (self-restraint, continence)”

Galatians 5:22-23 (AMPLIFIED VERSION)

OTHER SCRIPTURE REFERENCES

Galatians 5:22-23

Colossians 3:1-17

Ephesians 3:17-21