

## **RPG Phase-3**

### **Community Health and Healing**

#### **Practical Implementations of Social Justice**

**Phase-3** is designed to make use of the learning and experiences gained in phase-1 and phase-2. Phase-3 borrows from AA's Twelfth Step spiritual concept of keeping personal healing by giving it away. Finding means of practical application is the goal of phase-3. Linking with existing community programs, making site visits to organizations already engaged with social concerns, or designing new programs or projects to meet unmet community needs are examples of phase-3 activities. Rather than simply having a personal experience with healing old wounds and moving on with life as usual, phase-three encourages the meaningful use of the new skills and benefits gained from the RPG program. Another central idea is to maintain attendance in an ongoing support group of fellow RPG members. Sustaining positive outcomes over time requires continued guidance, input, and support.

Topics of interest in an ongoing RPG support group could be things such as:

Discovery of felt needs within the local demographic

Starting new RPG groups

Community organizing for projects related to identified RPG goals

Community wellness and healing

Networking and linking in the community

Addressing issues of poverty

Addressing issues of systemic racism

Involvement with world relief organizations

Addressing issues of abuse, violence, disenfranchisement of men, women, and children

Support for each other for the long haul

Self-care and burnout issues

Feedback for new people participating in new phase-1 and phase-2 groups

Volunteerism is one avenue to achieve the desired goals. Some people will have the motivation and option to invest their time and energy in worthwhile projects without being paid to do so. Others will need to have an income for their time and efforts. Finding funding sources, partnering with organizations in the community with the necessary resources, and with organizations who share a compatible mission would all be vital. At the bottom line social change isn't free. People with skills and know-how in the community would be our most valuable resources for change.