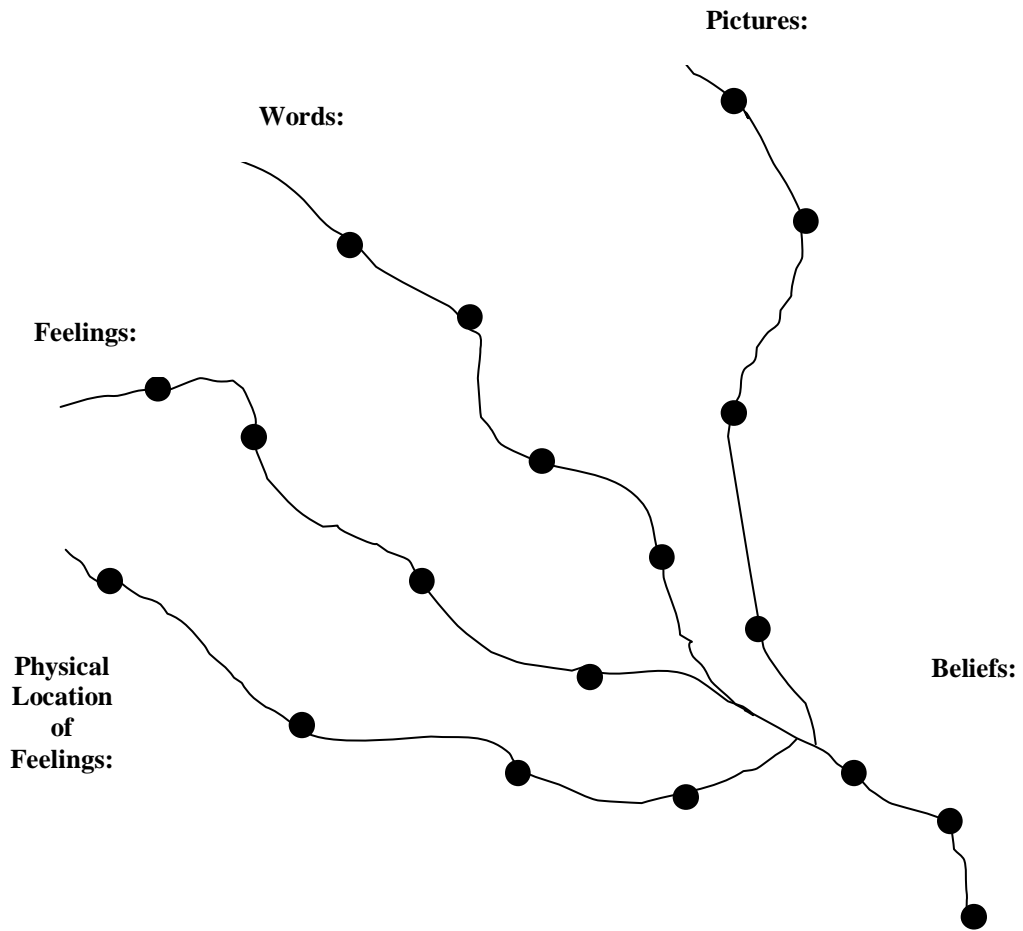


Examining Beliefs: changing the belief system

TRIGGER SITUATION: (Activation of belief)



AUTOMATIC BEHAVIOR/ACTIONS: (Acting out the belief)

Results:
