

Group Rules

1. What is said here stays here. Don't break anyone's confidentiality.
2. Listen. Listen. Listen.
3. Ask permission to give feedback.
4. Speak "I" language (speak for yourself).
5. Only talk about people that are present.
6. Respect the group by showing up, regularly and on time.
7. Respect the talker—no cross talk.
8. Be Mindful of your Body Language (sighing, rolling eyes, facial gestures, arms crossed, etc.).
9. Avoid "mind reading": When in doubt, check it out.
10. No labeling or name-calling.
11. Remember, it's okay to compromise (to agree to disagree).
12. No war stories and glorifying—focus on the solution.