

Group Check-in

1. **My name is...**

2. **My clean and sober date is...**

3. **My drug(s) of choice...**

Addictive drugs

Addictive behaviors (if any)

4. **What stands out for you, if anything, from last group's meeting?**

“Nothing that I can think of right now.”

Or

“Yes, I remember...”

5. **“The biggest thing facing me today is...”**

Is there something big going on that has been on your mind?

Something positive?

Something negative?

6. **Today I need the group's topic to be...**

“No preference today, thanks anyway.”

Or, “Yes, I would really like us to focus on...”

7. **I need some time in group today to share about...**

“Not really, thanks anyway.”

“Yes, I really need some time today if we can get to it.”