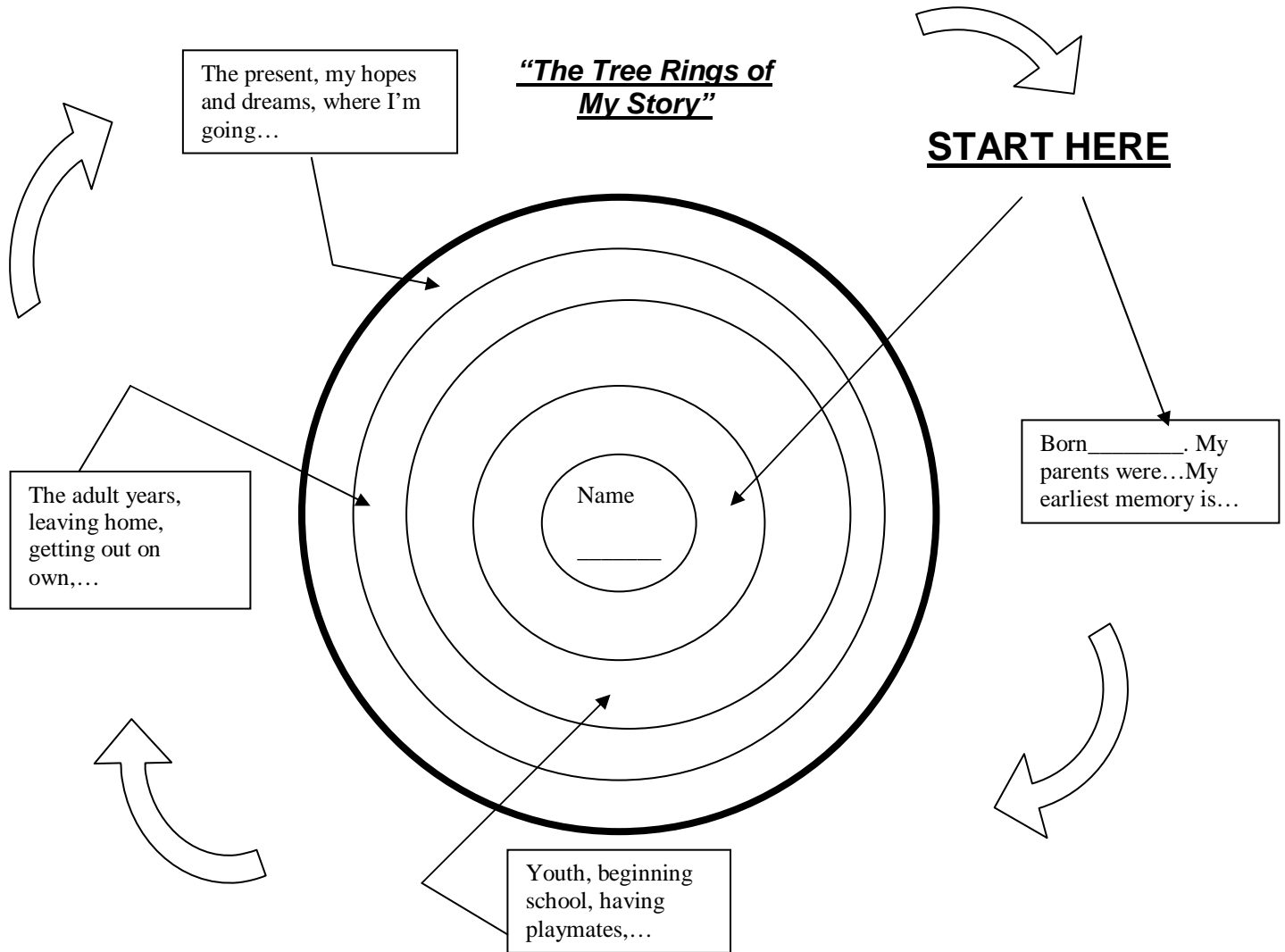


# AUTOBIOGRAPHY

In this assignment you are to tell the story of your life. Begin with your earliest memories of childhood. Include who were the important people in your world, family, neighbors, friends, and teachers. Tell about the good memories as well as the bad. It might be easiest to break your story down to ages, i.e.; 0 to 7, 8 to 12, 13 to 20, etc.:



## Suggestions:

What were your relationships like, in the home, out of the home? When did you begin dating? Did you ever believe that sex was love? Did you ever use sex as a way to get what you wanted from someone? What role did drugs and alcohol play in your relationships?

When did you start using drugs or alcohol? What did the drugs and alcohol give you that being straight didn't? Did drinking and drugging have unwanted consequences?

When did you get your first job? What was it? Has drugs and alcohol played a part in any employment problems, this includes being under employed, on public assistant, disability, or poor education.

Do you feel you are a spiritual person? Talk about your beliefs. How has your drug and or alcohol use affected your values, beliefs, and morals?