Mission: Healing the Wounds of Trauma

CHRISTIAN COUNSELING

This website is written to address the healing needs we have from the legacy of historical trauma. The approach is three-pronged:

1. **Counseling services for men** in groups and individual counseling appointments *(fee-for-service)*
2. **Presentations and trainings** addressing healing social and individual needs (relationships for men, historical trauma in the Native community, faith-based community action, healing circles...)
3. **Communication facilitation service** to assist community-minded churches in their role as a “change agent” in the community

1. **COUNSELING SERVICES FOR MEN**

EchoHawk Counseling (EHC) is a private practice counseling service offering Christian counseling to men. Services include individual and group counseling. (See [www.ehcounseling.com](http://www.ehcounseling.com) for other details)

2. **PRESENTATIONS AND TRAININGS**

Workshop trainings and presentations are listed under the “services and resources” tab. For a look at the power-point used for Native American historical trauma [click here](http://www.echohawkcounseling.com). For general information about historical trauma see [www.echohawkcounseling.com](http://www.echohawkcounseling.com)

3. **COMMUNICATION FACILITATION: Helping the Church be a “change agent” in the community**

Additionally, EHC offers a communication facilitation service to local churches seeking to minister to their hurting communities. Ministries hit “stuck points” that can often be worked through simply by better communication between individuals or groups of individuals. EHC will facilitate the missing conversations that can lead to solutions.

**Communication Facilitation Goal**

- Promote social, community, and personal healing
- Motivate faith-based social action
- Create restorative justice awareness in the church community
- Recruit the church as a social change agent

**Method**

- Give presentations in churches
- Provide trainings/workshops in churches, and secular settings
- Use faith-based community conferencing
- Conduct healing circles using rpg format
- Group and Individual counseling for men

**Desired Outcome**

- Community and personal healing from social and emotional wounds
- Advocate for Truth Commissions to heal societies’ wounds from injustices of the past
- Restorative justice a defining part of America’s character and national narrative

Lance Echo-Hawk, MA, LMHC, LPC, NCAC-II
360.608.5141
lanceechohawk@gmail.com